

### Year 1 -6 RSE Curriculum Coverage

Year 1	
Learning Objective	How it will be taught.
1.To recognise the main external parts of the bodies of humans, including names for sexual parts	By discussing what our families name the male and female body parts then what the doctors might name them.
2.To describe what their bodies can do.	Draw pictures of ourselves and write all the amazing things we can do with our bodies: jumping, skipping, running.
3.To understand that they have responsibility for their body's actions and that their body belongs to them	Discuss why it's important to keep our hands to ourselves and how someone might feel if we are not. Discuss the vocabulary private and privacy.
4.To know how to keep themselves clean.	Discuss and list things we can do to keep ourselves clean: brush teeth, wash hair etc.

Year 2	
Learning Objective	How it will be taught.
1. To recognise the main external parts of the bodies of humans, including names for sexual parts.	Label the external parts of a male and female body using the scientific names.
2: To describe what their bodies can do.	Draw pictures of body parts and write around them the different movements they make.
3. To understand that they have responsibility for their body's actions and that their body belongs to them.	Discussing what private parts mean and when we may need to share these private parts ie. Doctors.
4. To know how to keep themselves clean.	Discussing ways we can keep ourselves clean with morning and night routines and throughout the day.
5. To understand the importance of basic hygiene practices, e.g. washing hands, using a tissue, and how these prevent the spread of disease.	Discussing when we need to wash our hands and modelling how quick bugs can spread.

**Lime Academy Larkswood**

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Year 3	
Learning Objective	How it will be taught.
1.To know why is it important to keep clean	As a class look at the display of toiletries and discuss what they are for. In small discuss, how often should socks/t-shirts be changed? How often should you wash your hair?
2. To know how are male and female bodies different and what the different parts are called.	Label the external parts of a male and female body using the scientific names.
3. To know when we talk about our bodies, how they change and who we talk to.	Discussion about the word 'puberty' and explaining that puberty is a series of changes which affect people's brains and bodies as they grow older.
4. To know what can my body do and how is it special. (2 lessons)	1 <sup>st</sup> - Discussion and images of male and female bodies in different shapes and sizes, challenging the perceptions of beauty and perfection emphasizing that all bodies are different and amazing.  2 <sup>nd</sup> - Children read and write a poem about their bodies capabilities, size, shape, strength

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Year 4	
Learning Objective	How it will be taught.
1. To know scientific names for male and female sexual parts and use them confidently	Label the external parts of a male and female body using the scientific names. Discuss 'parts that are difficult to talk about to parts that are easy to talk about'.
2. To understand times to talk about private body parts, how they change and identify trustworthy and approachable adults	Ask pairs of children to suggest 5 differences between adult bodies and bodies of children their age. Introduce puberty and the changes.
3. To value and respect their own bodies and understand their uniqueness.	In Circle Time play the game 'Change places if...' Ask the children to stand and change places if they have e.g. brown hair, big hands, etc. Discuss similarities and differences and highlight uniqueness.
4. To understand the value of carrying out regular personal hygiene routines.	Children to draw/ write about someone has bad personal hygiene. Share toiletry items and discuss what they are for. Ask the children to return to their drawings and this time, to draw and write about the same person who has now improved their personal hygiene routines.
5. To understand a range of ways illness and disease, e.g. colds, chickenpox, head lice might be spread and how they are able to reduce this.	Read the comic strip Dirty Bertie – Catch It! Bin it! Kill It! to reinforce the important of good hygiene when you have a cold or other respiratory disease.

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Year 5	
Learning Objective	How it will be taught.
1. To identify male and female sexual parts confidently and describe their functions.	Label the parts of a male and female body using the scientific names.
2. To know terminology for sexual parts appropriate for use in different situations.	Discussion about situations when you might use appropriate terminology e.g. At a hospital.
3. To know and understand about the physical changes that take place at puberty and how to manage them.	Label the diagram of male and female identifying the parts that change during puberty.
4. To understand that physical changes affect people in a variety of ways and at different rates .	Discuss worries/ concerns about starting puberty.
5. To understand how the media, families and friends can influence attitudes to their bodies.	Set up an Agree/Disagree line and ask the children to show 'where they stand' on the statement 'People are more likely to comment on other people's appearance online than face to face.' etc
6. To know about aspects of personal hygiene relevant to puberty and the implications of these.	In groups ask the children to look at a range of items that have something to do with hygiene e.g. detergents, razor, toothbrush, spot cream, menstrual products, shampoo. Discuss what they are and what they are used for.
To understand that safe routines can stop the spread of viruses and bacteria.	Brainstorm a list of illnesses that people of all ages might have. Check for omissions and ensure you have a range of illnesses spread in a variety of ways. Check the children know the meaning of the terms infectious and contagious. Ask the children in groups to separate these illnesses into infectious/contagious and non-infectious/non-contagious diseases. As a class, collect the children's ideas.

Year 6	
Learning Objective	How it will be taught.
1.To know and name parts of the body.	Name internal and external sexual parts for males and females, using scientific words .
2.To know about how the body changes when it goes through puberty.	Describe the stages of puberty and the changes to the body.
3.To know about different ways babies are conceived and born, including sexual reproduction and sexual intercourse. (Sex Education)	Describe the stages of conception, fertilization and birth. Continued to the next lesson.
4.To know about different ways babies are conceived and born, including sexual reproduction and sexual intercourse. (Sex Education)	Describe the stages of conception, fertilization and birth as well as addressing misconceptions.

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