

AUTUMN 1 WEEK 1 Week Commencing 4th October 2021

WEEK 1	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Main Choice</i>	<ul style="list-style-type: none"> • Chicken Fried Rice • 	<ul style="list-style-type: none"> • Spaghetti Bolognese 	<ul style="list-style-type: none"> • Beef Tacos 	<ul style="list-style-type: none"> • Traditional Roast Chicken Stuffing Balls & Gravy 	<ul style="list-style-type: none"> • Fish Fingers
<i>Vegetarian Choice</i>	<ul style="list-style-type: none"> • Pesto Penne 	<ul style="list-style-type: none"> • Vegetable Lasagne 	<ul style="list-style-type: none"> • Macaroni Cheese 	<ul style="list-style-type: none"> • Quorn Meatballs in Tomato Sauce 	<ul style="list-style-type: none"> • Vegetable Wraps
<i>Alternative choice</i>	<ul style="list-style-type: none"> • Jacket Potato with Tuna Mayonnaise 	<ul style="list-style-type: none"> • Fish Stars 	<ul style="list-style-type: none"> • Salmon Fillet 	<ul style="list-style-type: none"> • Jacket Potato 	<ul style="list-style-type: none"> • BBQ Chicken Wraps
<i>Sides</i>	<ul style="list-style-type: none"> • Garlic Bread 	<ul style="list-style-type: none"> • Spaghetti • New Potatoes 	<ul style="list-style-type: none"> • Wedges 	<ul style="list-style-type: none"> • Roast Potatoes • Penne Pasta 	<ul style="list-style-type: none"> • Chips
<i>Unlimited Vegetables</i>	<ul style="list-style-type: none"> • Baby Corn on Cob • Peas 	<ul style="list-style-type: none"> • Broccoli • Sweetcorn 	<ul style="list-style-type: none"> • Carrots • Green beans 	<ul style="list-style-type: none"> • Seasonal Vegetables 	<ul style="list-style-type: none"> • Baked Beans • Peas
<i>Unlimited Seasonal Salad Selection</i>					
<i>Desserts</i>	<ul style="list-style-type: none"> • Jelly Pot • Flap Jack • Fruit Pots 	<ul style="list-style-type: none"> • Chocolate Fudge Cake • Fruit Salad Pot • Pineapple Slices 	<ul style="list-style-type: none"> • Pancakes with Honey Glazed Forest Fruit • Fruit Pot • Yoghurt 	<ul style="list-style-type: none"> • Iced Sponge Cake & Custard • Fruit Pot • Yoghurt 	<ul style="list-style-type: none"> • Chocolate Cheesecake • Peaches • Fruit Pot

Homemade bread will accompany all meals. All bread, cakes, pizza bases and pastry are freshly made using organic flour.

N.B. Where Halal meat has been requested by the school, it is HFA certified (or equivalent)