

LARKSWOOD NEWS

MESSAGE FROM THE HEADTEACHER

Dear Parents and Carers,

This week, there has been a host of brilliant learning and enriching experiences taking place across the school. It has been great to see the children really dive into their learning and show such enjoyment for the activities taking place in their classrooms.

As we have entered into the month of October, we have marked the start to our learning and celebration of Black History Month this week.

All Year groups held discussions about the purpose and importance of Black History Month as well as sharing ideas on identity, culture and heritage and each class have created a list of interesting questions to ask their families at home, in order to learn more about their own heritage. Our History lead, along with the class teachers, has arranged a number of activities and learning opportunities for all of the children to take part in throughout the month, which will be showcased in the upcoming newsletters.

Also this week, our Year 5 and 6 children took part in the London Mini Marathon. We all had great fun cheering on the children as they pushed through their final lap. The atmosphere in the playground was incredible!

To add to all the excitement, Year 4 this week have definitely demonstrated enjoyment through their baking lessons in D&T. In line with their learning around the text 'Charlie and The Chocolate Factory' the children were delighted to make their own chocolate chip biscuits.

We look forward to the rest of the inspiring learning opportunities in place throughout the term.

Best Wishes

Brendan Plunkett
Headteacher



TERM DATES

Autumn Term 1

Half Term

Monday 26th-Friday 30th October 2020

Autumn Term 2

Return date: Monday 2nd November 2020

Last day: Friday 18th December (school will finish at 1.30pm)

Christmas Holidays

Monday 21st December-Friday 1st January 2021

EVENTS TAKING PLACE AT SCHOOL

Individual & Siblings Photos

Monday 19th October 2020

Please remember your child's tie as we will not be lending ties to your child.



Nasal Flu Spray

Monday 7th December 2020

A VIRTUAL TOUR IS COMING SOON!

Limited number of tours around school are available for prospective Reception applicants on **Friday 13th November 2020** and **Friday 20th November 2020**

Please contact the school office directly to book on **0208 529 4979**



Please do keep your child's ParentPay account in credit at all times

LARKSWOOD NEWS

THEY DID IT!

We are thrilled to be able to say that all the Year 5 and 6 children completed the London Mini Marathon. Both classes spent their respective afternoons running around the track for 13 laps. They completed the huge distance with one final lap to make 14 in front of the whole-school, encouraged with cheers and chants to complete the 2.6 mile run. The children showed incredible support to make sure the whole year group completed the event. Year 5 even had the added challenge of racing Mr Wybrant to the finish!

We are so proud of every single child who took part! There were so many incredible pictures, we can only share a few on the newsletter, but will be sharing more on Seesaw for those in years 5 and 6.



LARKSWOOD NEWS

DIVERSITY

This month sees the launch of our focus on diversity. One aspect we have concentrated on is our book selection in the library, book corners and curriculum. We have focused on the character representation in books and purchased new books which reflect our school community and the world we live in. We have also invested in books by authors and illustrators of a range of ethnicities and nationalities. These children were delighted to have a preview today and can't wait to get reading. Watch out for more news on our new non-fiction books which we will share with you later in the month!



LARKSWOOD NEWS

YEAR 6 PARENTS DEADLINE FOR APPLYING FOR SECONDARY SCHOOLS

A reminder that the deadline for applications for secondary school places for the academic year 2021-22 is on October 31st 2020.

Please see this link to the Waltham Forest website:

<https://www.walthamforest.gov.uk/content/applying-secondary-school-place>

APPLYING FOR A RECEPTION PLACE FOR SEPTEMBER 2021

The closing date for the September 2021 Reception intake is 15th January 2021.

Please see this link to the Waltham Forest website:

<https://www.walthamforest.gov.uk/content/applying-primary-school-place>

SCHOOL MENU WEEK 1

Please visit the below to view our school menu for week 1

<http://larkwoodlime.london/media/3907/school-lunch-menu-2020-autumn-term-week-1.pdf>

PLEASE BE CONSIDERATE WHEN PARKING YOUR VEHICLE

The school have received a number of complaints from local residents regarding parking issues.

Please could you be considerate when dropping off and collecting your child/children and please do not park:

- on zig zag lines
- dangerously
- in a way that would prevent emergency vehicles from accessing
- over a dropped kerb
- on a pedestrian crossing (including the area marked by the zig-zag lines)
- in spaces reserved for Blue Badge holders, residents or motorbikes (unless entitled to do so)
- near our school entrance, bus stop
- anywhere that would prevent access for Emergency Services

There is parking along New Road as well as the Harvester Car Park

Thank you for your co-operation

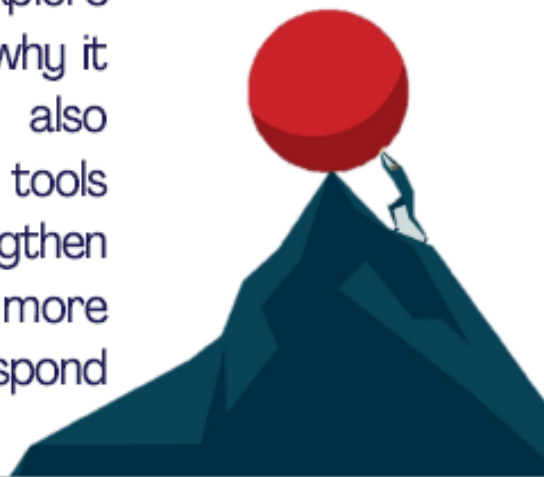
LARKSWOOD NEWS

QUICK GUIDE FOR PARENTS & CARERS

What should I do if?	Action needed ...
<p>My child is feeling ill with Covid-19 symptoms of:</p> <ul style="list-style-type: none"> • a high temperature – this means your child feels hot to touch on their chest or back • a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours • a loss or change to your sense of smell or taste – this means your child cannot smell or taste anything, or things smell or taste different to normal. <p>Most children with Covid-19 have at least one of these symptoms.</p>	<p>DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>The whole household must self-isolate. Your child will need to isolate for 10 days from the start of symptoms; the rest of the household should isolate for 14 days.</p> <p>You should book a test for your child using this link here, or by phoning 119.</p> <p>Please note - <u>only</u> the person with symptoms should be tested and there is no need for others in the household to have a test, unless they also have any of the symptoms mentioned.</p> <p>Make sure you tell the school immediately about the result of the test.</p>
<p>My child is feeling ill with other symptoms such as a sore throat, runny nose or a headache.</p>	<p>You should act in the same way as you would have done before the pandemic. This may involve sending your child to school or keeping them at home, depending on the nature and severity of symptoms. Of course you should seek medical advice via your GP or NHS direct on 111 if you would normally do so.</p> <p>Please note – if your child has sickness or diarrhoea they should not return to school until 48 hours after the last bout of this, as is normal policy.</p>
<p>Someone in my household has Covid-19 symptoms</p>	<p>DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>The whole household must self-isolate and the person with symptoms should book a test using this link here, or by phoning 119.</p>
<p>Someone in my household tests positive for Covid-19</p>	<p>DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>The whole household should isolate for 14 days. The person who has tested positive must isolate for 10 days from the start of symptoms, and until there is no fever for 48 hours.</p>
<p>Someone in my household with symptoms tests negative for Covid-19</p>	<p>Your child can return to school, assuming they are well, and no one in the household or support bubble has any further Covid-19 symptoms.</p>
<p>My child tests positive for Covid-19</p>	<p>DO NOT SEND YOUR CHILD TO SCHOOL.</p> <p>Your child must isolate for 10 days from the start of symptoms, and until there is no fever for 48 hours. The rest of the household should isolate for 14 days.</p>
<p>My child tests negative for Covid-19 (test done when the child had symptoms)</p>	<p>Your child can return to school, assuming they are well, and no one in the household or support bubble has any Covid-19 symptoms.</p>

Resilience is the ability to adapt effectively in the face of adversity, trauma, tragedy, threats or significant sources of stress and anxiety. Resilience can help to reduce burnout, increase empathy and compassion, reconnect with the joy and purpose of practice, and improve your physical and mental health.

The workshop will explore what resilience is and why it is important. It will also provide the practical tools needed to help strengthen resilience and identify more resourceful ways to respond in the present moment.



FREE NHS ONLINE WORKSHOPS

Topic: Wellbeing and Resilience

Date: Wednesday 7th October 2020

Time: 11:00am-12:00pm

For more information and how to access the workshops please email nhsworkshop@farsophone.org.uk



**LET'S
TALK**

TALKING YOUR WAY TO
BETTER MENTAL HEALTH



**LET'S
TALK**



TALKING YOUR WAY TO
BETTER MENTAL HEALTH



MWS
Multilingual Wellbeing Services

Barnet, Enfield and Haringey **NHS**
Mental Health NHS Trust

Multilingual Wellbeing Service
1st Floor, Information and Advice Centre
Edgware Community Hospital
Burnt Oak Broadway
HA8 0AD

Tel 020 8937 7248

Barnet MWS/ IAPT Services - Registration Form

All personal information collected by NHS England will be kept strictly confidential.
Information provided will be used for workshop registration purposes only.

(Please complete all sections and return to nhsworkshop@farsophone.org.uk)

Psycho-educational Wellbeing and Resilience Date: 07/10/2020
Workshop Topic:

Gender:	<input type="checkbox"/> Male	<input type="checkbox"/> Female
Name: Surname:		
Dates of birth:		
Telephone:		
Email Address:		
Full Address: (Door number, street name and post Code)		
Do you live in the borough of Barnet?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
GP Practice name:		

How did you hear about this workshop?

Please note: Let's Talk IAPT is not an emergency service. If you are hearing voices, or at risk of harming yourself or others, please call your GP or the Crisis Resolution and Home treatment team on 020 8702 4040 (Barnet), 020 8702 3800 (Enfield). You can also call 999 or visit your local Accident & Emergency (A&E).